K-8TH GRADE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. Menu Subject To Change Apple, Fruit Punch Juice (14 CHO)		1	2	3
		4 OZ 100% JUICE CUP ½ C FRUIT CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO)	4 OZ 100% JUICE CUP % C APPLE CRISP (10 CHO GOLDEN GRAHAM BAR (1 WG - 30 CHO)	4 OZ 100% JUICE CUP % C BANANA (19 CHO) MAPLE BUTTER WAFFLE (2 WG - 37 CHO)
6	7	8	9	10
4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO)	4 OZ 100% JUICE CUP % C CRAISIN (27 CHO) HONEY BUN (2 WG - 38 CHO)	4 OZ 100% JUICE CUP '4 C FRUIT FROOT LOOPS CEREAL BOWL (1 WG - 24 CHO) GRAHAM CRACKER (1 WG - 17 CHO)	4 OZ 100% JUICE CUP % C APPLE CRISP (10 CHO COCOA PUFF BAR (1 WG - 30 CHO)	4 OZ 100% JUICE CUP % C BANANA (19 CHO) BLUEBERRY WAFFLE (2 WG - 37 CHO)
13	14	15	16	17
4 OZ 100% JUICE CUP 1/4 C APPLESAUCE (14 CHO) APPLE JACKS CEREAL BOWL (1 WG - 24 CHO)	4 OZ 100% JUICE CUP % C CRAISIN (27 CHO) CRUNCH MANIA (2 WG - 38 CHO)	4 OZ 100% JUICE CUP % C FRUIT CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO)	4 OZ 100% JUICE CUP % C APPLE CRISP (10 CHO TRIX BAR (1 WG - 30 CHO)	4 OZ 100% JUICE CUP % C BANANA (19 CHO) CINNAMON WAFFLE (2 WG - 37 CHO)
20	21	22	23	24
4 OZ 100% JUICE CUP % C APPLESAUCE (14 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO)	4 OZ 100% JUICE CUP % C CRAISIN (27 CHO) FRENCH TOAST BITES (2 WG - 38 CHO)	4 OZ 100% JUICE CUP % C FRUIT FROOT LOOPS CEREAL BOWL (1 WG - 24 CHO) GRAHAM CRACKER (1 WG - 17 CHO)	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) GOLDEN GRAHAM BAR (1 WG - 30 CHO)	
27	28	29	30	31
CLOSED				